Continuing Education

PROFESSIONAL DEVELOPMENT / PERSONAL ENRICHMENT



REGISTRATION NOW OPEN! morainepark.edu/ce

Continuing Education



Expand Your Knowledge, One Class at a Time!

In today's fast-paced world, expanding your knowledge and prioritizing self-care are more important than ever.

This semester, explore a diverse selection of classes designed to nurture your mind, body and soul. Whether you're looking to learn a new skill, unwind with a creative hobby or focus on personal growth, we have something for everyone!

Register early—these classes fill up fast! Start your journey to learning, self-care and personal enrichment today!

JoAnn Hall
 Dean of Economic and Workforce Development



Registration is now open! Call or visit one of our campuses today.

morainepark.edu/ce

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Professional Development



COMMUNICATION

Languages

Speed Spanish II

ONL

This online Spanish course is unlike any other Spanish class you have ever taken. You will see words, hear them pronounced properly and have plenty of opportunities to practice and build fluency.

Online: Classes starting monthly

Register at **ed2go.com/mptc** — search class title

Speed Spanish III

ONL

Master your ability to speak, understand and read Spanish by taking the final installment in our three-part Speed Spanish series.

Online: Classes starting monthly \$125

Register at ed2go.com/mptc — search class title

Sign Language

Discover Sign Language

Learn to master American Sign Language through immersive, silent instructional videos that emphasize proper sign techniques and facial expressions for effective communication. You will become skillful at fingerspelling and an array of signs to engage in conversations confidently.

\$115 Online: Classes starting monthly

Register at ed2go.com/mptc — search class title

Discover Sign Language II

\$129

Take your sign language skills to the next level with additional vocabulary, grammar lessons and cultural information.

Online: Classes starting monthly

Register at **ed2go.com/mptc** — search class title

Writing

Beginner's Guide to Getting Published

[ONL]

ONL

Published writer shows you how to give yourself the credibility you need to get your books and articles published.

Online: Classes starting monthly

Register at ed2go.com/mptc — search class title

Blogging and Podcasting for Beginners

Learn how to create your very own blog and podcast using the tools that you already have available on your computer.

Online: Classes starting monthly \$125

Register at ed2go.com/mptc — search class title



COMPUTERS

Computer Software

Creating Web Pages

[ONL]

Learn the basics of HTML as you design, create and post your very own website.

Online: Classes starting monthly \$129

Register at ed2go.com/mptc — search class title

Microsoft Excel Level 1

Covers beginning-level skills and is ideal for the newer computer user who wants to become well versed in Excel. Topics introduced include the Ribbon interface: entering and editing data; selecting cells and ranges; printing worksheets; creating formulas and functions, formatting cell contents; inserting and deleting columns, rows and cells; charts; and more.

103-448	/ 8 hrs	\$159 (62+ \$128.43
44070	M 12:30-4:25p Radke	Sep 8-Sep 15 FDC

Microsoft Excel Level 2

Covers more complex skills than those presented in Level 1 course, but with the same proven instructional design. Topics introduced include large worksheets and workbooks; tables; outlines; inserting clip art, pictures and SmartArt; templates; digital signatures; and more.

RETURNING STUDENT?

Register online using Self-Service!

Log in to your myMPTC student account.
Go to the Student tab and select
Add/Drop Classes from Student Tools.
morainepark.edu/online-registration

103-449	/ 8 hrs	\$159 (62+ \$128.43)
44071	M 12:30-4:25p Radke	Sep 22-Sep 29 FDC

Microsoft Excel Level 3

Provides more complex skills than those presented in our Level 1 and Level 2 courses, but with the same proven instructional design. This is an advanced course that will challenge students. Topics introduced include PivotTables, financial functions, data analysis, auditing, advanced formatting, analysis tools and more.

103-450) / 8 hrs	\$159 (62+ \$128.43)
44072	M 12:30-4:25p Radke	Oct 6-Oct 13 FDC

Earn Your GED or HS Equivalency Diploma (HSED).



Meet the growing demands of the job market!

The GED/HSED certificate can open doors to higher education, job training and employment.

GED-HSED courses are free, with daytime and evening sessions on all three campuses.

Get started today.





For details > 1-800-472-4554 / morainepark.edu/GED / Scan the code!

CULINARY

Food Safety and Hospitality



Food Manager Refresher

Existing Certificate Holders Only—Refresh on updated food handling requirements to maintain certification in holding a Wisconsin Certified Food Manager Certificate (CFM). Utilize the ServSafe Exam to re-test at the end of class (online purchase required). Successful students will be issued a course completion certificate and testing is required every five years.

316-430	/ 4 hrs	\$69 (62+ \$53.86)
44074	M 5:30-9:25p Lindgren	Jul 14 FDC

FINANCE AND ACCOUNTING

Accounting

QuickBooks Desktop Basics

This is a brief introductory course that covers the basic concepts of QuickBooks. It also reviews fundamental accounting concepts. The key lesson features you will learn are managing QuickBooks files, working with customer and vendor transactions, banking with QuickBooks, planning and creating a new company and opening of balances and balance sheet reports.

101-408 / 12 hrs 🗢	\$139 (62+ \$93.14)
44057 R 5:30-8:25p	Sep 18-Oct 9
Kraft	FDC

QuickBooks Desktop Advanced

This course is a continuation of QuickBooks Desktop Basics. Students are guided with step-by-step instructions covering advanced topics of QuickBooks: working with physical inventory, payroll and job costing, creating estimates and formatting options, working with balance sheets and customizing your QuickBooks file using reports and graphs.

101-409 / 12 hrs 🗢	\$139 (62+ \$93.14)
44058 R 5:30-8:25p	Oct 23-Nov 13
Kraft	FDC

HEALTH AND WELLNESS

Natural Health

Reiki Level 1

Hands-on healing that is effective for emotional, mental and physical health issues is currently being practiced at 800 hospitals and clinics throughout the United States. While focusing on the use of Reiki in the health care profession, this Japanese form of stress reduction and deep relaxation helps strengthen the immune system and promote healing for just about anyone. Join us to learn Level I Reiki so you are able to give a Reiki session to a patient and perform self-healing. A book is provided. Students will earn a certificate of completion.

546-400	/ 7.5 hrs	\$185 (62+ \$154.43)
	S 8a-3:55p Oestreicher	Sep 6 FDC

Reiki Level 2

Fine-tune your level one Reiki skills by increasing your ability to receive and utilize the Reiki energy. As practitioners, learn to feel high and low energy frequencies, practice distance healing, understand the use of symbols and learn body scanning and beaming. Prerequisite: Completion of Reiki 1. A book is provided in Reiki 1 for both Reiki 1 and Reiki 2. Students will earn a certificate of completion.

546-401 / 7.5 hrs	\$215 (62+ \$184.43)
44028 S 8a-3:55p	Oct 4
Oestreicher	FDC

= Textbook Required



Reiki Level 3-Master

Develop tools, techniques and symbols of the master level to become a Master Practitioner. Receive a Level 3 attunement that will increase your ability and understanding to receive and utilize the Reiki energy and allow you to become a Master. Prerequisite: Completion of Reiki 1 and 2. A book is provided. Students will earn a certificate of completion at Reiki Level 3 Master.

546-40	2 / 7.5 hrs	\$285 (62+ \$254.43)
44029	S 8a-3:55p	Nov 1
	Oestreicher	FDC

Reiki Level 4-Master Teacher

Develop teaching skills for Reiki and receive a Level 4 attunement, increasing your ability to receive and utilize Reiki energy. Develop an understanding of the essence of becoming a Master to complete your Reiki training. Further instruction on how to give attunements will enhance your Reiki skills at the Master Teacher level. Prerequisite: Completion of Reiki levels 1, 2 and 3. A book is provided. Students will earn a certificate of completion at Reiki Level 4 Master Teacher.

546-403	/ 7.5 hrs	\$315 (62+ \$284.43)
44030	S 8a-3:55p	Dec 6
	Oestreicher	FDC

INSURANCE

Continuing Education

Insurance Fraud

Defines insurance fraud. Discusses actual insurance fraud stories. Discusses insurance fraud prevention. An insurance fraud quiz is administered. Skills tested in WI general insurance law—questions that every licensed agent should know. Continuing education for insurance agents.

162-435	5 / 4 hrs	\$79 (62+ \$63.71)
44086	R 8:30a-12:25p Rausch	Oct 9 FDC

Life Insurance Fact Finding

Gives the attendee a clear understanding of the many uses of life insurance and for whom it's intended. A life insurance fact finder is covered in depth with Social Security Survivor benefits. Large and small group work on life insurance case studies follows. Continuing education for insurance agents.

162-444 / 4 hrs		\$79 (62+ \$63.71)
	1:30-5:25p ausch	Oct 9 FDC



It was both relaxing and energizing, as well as highly informative. John is a fantastic instructor, and his knowledge is a true asset.

- Reiki Student



SAFETY

Forklift

Forklift Safety

Explores the fundamentals of forklift operation in the workplace. Students receive hands-on application by practicing with a forklift. Participants examine factors affecting safe operation for the operator, the load, the forklift and the physical environment. Certification is available upon completion for propane, electric and pallet jack forklifts (types I, IV, V). Class is compliant with OSHA standard 1910.178 for powered trucks. Forklift books are included in the cost and will be distributed by the instructor the day of the class.

460-400 / 8 hrs	\$150 (62+ \$119.43
440E0 F 0: 0:FF:	D

44073 F 8a-3:55p Dec 5 Miller FDC

Truck Driving

Professional Semi-Truck Driver Safety

A classroom professional truck driver safety training course that teaches key defensive driving concepts including: truck inspection, SCC (Scanning, Cushion of Safety, Communicating), Situational Driving including: expressways, interstates, two-lane roads, city/urban driving, backing and other special situations.

458-409) / 4 hrs	\$150 (62+ \$134.71)
44076	S 8:30a-12:25p Miller	Sep 20 HRC

School Bus Driver Defensive Driver

A classroom school bus driver safety training course using the proven discussion and participation based "Coaching" method of training. The course covers key defensive driving concepts including: vehicle inspection and characteristics, SCC (Scanning, Cushion of Safety, Communicating), situational driving and other special considerations such as backing, bus stop procedures, driving in adverse weather, field trips, railroad crossings and driver/student interactions.

458-408 / 4 hrs \$150 (62+ \$134.71) 44075 W 8:30a-12:25p Aug 27 Miller HRC

Learn English

Prepare for college or employment!

- Beginner to advanced levels with students from many different countries and backgrounds.
- Improve reading, writing, speaking and listening skills.
- Online computer-assisted learning at home or school is convenient and helps build computer skills.



For more information, scan the code or call our bilingual (Spanish/English) ELL Program Specialists.

Available at:

Beaver Dam 920-887-4496 Fond du Lac 920-924-6339 West Bend 262-306-5302





Utility Truck Driver Safety

A classroom utility truck driver training course that covers key defensive driving concepts including: vehicle inspection, SCC (Scanning, Cushion of Safety, Communicating) and situational driving including: operator safety at the work site, backing and other special considerations.

458-410 / 4 hrs **\$150** (62+ \$134.71)

44077 F 8:30a-12:25p Oct 17 Miller HRC

Entry-Level Driver Training (ELDT) for Class A

Learn everything you need to prepare for your entry-level driver training (ELDT) necessary to obtain your Class A commercial driver's license (CDL).

Online: Classes starting monthly \$595

Register at ed2go.com/mptc — search class title

Entry-Level Driver Training (ELDT) for Class B

[ONL]

ONL

ONL

Get the training you need to meet FMCSA requirements and prepare to obtain your entry-level driver training (ELDT) Class B commercial driver's license (CDL).

Online: Classes starting monthly \$495

Register at ed2go.com/mptc — search class title

Entry-Level Driver Training (ELDT) for Class B to A

Get the knowledge you need to upgrade your Class B license to a Class A commercial driver's license (CDL) in three months or less with this Entry-Level Driver Training (ELDT) course.

Online: Classes starting monthly \$

Register at ed2go.com/mptc — search class title

TRADES

Home Inspection

Home Inspection Certificate [ONL]

This course will help you prepare for a career as a home inspector. You will learn best practices for inspecting residential construction, including inspection guidelines, identifying common defects, reporting methodologies and risk management.

Online: Classes starting monthly \$2495

Register at ed2go.com/mptc — search class title

Pharmacy

Pharmacy Technician

[ONL]

Prepare for a career as a pharmacy technician. This immersive course will train you to work as a pharmacy technician and prepare you for the Pharmacy Technician Certification Exam (PTCE) to obtain the Certified Pharmacy Technician (CPhT) credential from the Pharmacy Technician Certification Board (PTCB). (Voucher Included)

Online: Classes starting monthly \$2995

Register at ed2go.com/mptc — search class title

RETURNING STUDENT?

Register online using Self-Service!

Log in to your myMPTC student account. Go to the Student tab and select Add/Drop Classes from Student Tools.

morainepark.edu/online-registration

Veterinary

Veterinary Assistant

This online veterinary assistant course will prepare you to become a productive member of a veterinary team by helping you learn the fundamental skills needed for a successful career.

\$2495 Online: Classes starting monthly

Register at ed2go.com/mptc — search class title

Welding/Fabrication

Welding Process GMAW Workshop I

This 15-hour workshop provides basic knowledge of welding. It is ideal for beginners, skilled tradespeople, career changers, continuing education training. Topics include: welding terminology, safety, machine setup and shut down, metal identification, plasma cutting and GMAW welding processes and positions and equipment functions. Practice your new skills to make quality gas metal arc welds on metals of different thicknesses. Bring safety glasses. Helmet and gloves are provided.

442-425 / 15 hrs		\$259 (62+ \$197.86)
44042	T 6-8:40p McCauley	Aug 12-Sep 9 HHS
44081	TW 5:30-9:10p Watry	Oct 14-Oct 22 FDC

Welding Process GMAW Workshop II

Take your welding skills to the next level in this workshop. Advance your skills and incorporate new metals and thicknesses. You will develop advanced welding techniques and receive instruction to give your welds a more professional appearance. Includes other welding processes. Required to have taken 442-425 Welding Process GMAW Workshop I. Bring safety glasses. Helmet and gloves are provided.

442-426	i / 15 hrs	\$259 (62+ \$197.86)
44044	T 6-8:40p McCauley	Sep 16-Oct 14 HHS
44082	TW 5:30-9:10p Watry	Nov 4-Nov 12 FDC

WI Structural Welding Certification

Allows welders to test and register in Wisconsin under the guidance of a State of Wisconsin Weld Test Conductor. Actual testing time varies by individual requirements. All tests are in accordance with AWS D1.1 Structural Steel Welding Code. All joint configurations and welding processes must meet the criteria given under section 3 of AWS D1.1 titled Prequalification of WPSs. Includes two sets of test plates. Contact the instructor before enrolling.

442-41	5 / 8 hrs	\$749 (62+ \$718.43)
44094	S 8a-3:55p	Dec 6
	Jensen	FDC

10RAINE PARK







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Paid Internship



High demand career

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Register for Test Drive or Information Session at morainepark.edu/bootcamps.

Personal Enrichment



COMPUTERS

Computers—Beginning

Android Smartphone Basics

Get more out of your Android smartphone. Learn how to adjust settings, increase battery life and use your mobile data efficiently. Learn how to download apps, movies, books and more from the Google Play store. Bring your phone fully charged and ready to use.

103-695	/ 2.5 hrs	\$32.68 (62+ \$25.76)
	W 5:30-7:55p Kraft	Jul 9 WBC

Apple Smartphone Basics

Get more out of your Apple iPhone. Learn how to adjust settings, increase battery life and use your mobile data efficiently. Explore iTunes and the App Store to download movies, books and more. Bring your phone fully charged and ready to use.

103-696 / 3 hrs		\$32.83 (62+ \$25.91)
44056	W 5:30-8:25p Kraft	Oct 1 WBC

CRAFTS AND RECREATION

Agriculture

Beginning Beekeeping

Have you been wanting to start beekeeping? This is a thorough workshop for startup beekeepers. Topics include: honey bee biology; proper equipment including setup and tools, colony management; diseases and pest control; honey harvesting and extraction; and wintering. This class is intended for those who want to start beekeeping; those who have had bees for a year or two and want to learn more; and those who are simply fascinated by the craft of beekeeping.

001-650 / 6 hrs	\$46.52 (62+ \$36.14)
44069 S 9a-3:25p	Aug 2
Vahradian	FDC



 ${\it facebook.com/moraine park community}$

Craft

Beginning Knitting

Knitting is both a time honored and rapidly growing craft that offers fun, relaxation and the joy of creativity. Learn how to cast on, knit, purl, bind off and read a beginning level pattern. You will create three different washcloths. No prior knitting experience necessary. Bring to class: one skein of cotton worsted weight yarn and size 7 knitting needles.

306-640 / 3 hrs	\$32.83 (62+ \$25.91)
44078 W 6-6:55p	Sep 17-Oct 1
Clark	FDC

Knitting in the Round

Have you mastered the knit and purl stitch and are ready to up your knitting game? Learn how to make a hat in the round using a circular needle and double point needles. You will also learn how to increase and decrease stitches. Prerequisite: Need to know how to knit and purl. Bring to class: 100 grams of worsted weight yarn and 16-inch size 7 circular needles or size 7 double point needles.

306-641 / 4 hrs	\$32.83 (62+ \$25.91)
44079 W 6-6:55p	Oct 8-Oct 29
Clark	FDC:

Beginning Crochet

Learn how to chain, single crochet, half double crochet, double crochet and read a beginning level pattern. You will create two different washcloths. No prior crochet experience required. Bring to class: two skeins worsted weight cotton yarn and size 7 or 8 hook.

306-645 / 3 hrs	\$32.83 (62+ \$25.91)
44080 W 6-6:55p	Nov 5-Nov 19
Clark	FDC



The combination of explanation and hands-on instruction really enhances the learning process.

- Crafts Student

KonMari Method: Tidying

Learn the Japanese art of decluttering and organizing with Marie Kondo's KonMari Method. Join Wisconsin's only certified KonMari Master Consultant, Trista Michels, as she teaches weekly tools and steps to remove the overwhelm and helplessness that clutter may cause. The KonMari Method guides you to realize how each individual item in the home makes you feel, what your intentions are for keeping it and why it's important to let items go when it feels appropriate to do so. By the end of class, you will have tangible steps you can take to have your home feeling calm and welcoming in no time.

304-635 / 14 hrs	\$102.41 (62+ \$78.19)
44059 R 5:30-7:25p	Aug 21-Oct 2
Michels	FDC





INSTRUCTOR PROFILE

Trista Michels | crafts and recreation

Trista Michels is Wisconsin's first certified KonMari Master Consultant, specializing in Marie Kondo's KonMari Method of organization and decluttering. She began her business, Third Eye Tidy, in the summer of 2020 and has been a Master Consultant since February 2024, completing over 1900 hours and over 500 sessions with clients. She lives in Fond du Lac and works in homes across Central Wisconsin, as well as virtually. She is passionate about helping clients learn to use their intuition to realize what sparks the most joy in their lives. Her favorite part of her job is creating long-term bonds with her clients and seeing them go from overwhelmed and stuck to gaining confidence and clarity enough to make major life changes.

Fizz and Foam Make and Take

Join us for a two-and-a-half-hour class and make yourself, or someone else, a variety of bath products that are sure to spoil someone! In this class, you will be provided with the materials to craft: two 4 oz. OR four 2 oz. bath bombs; six 1.75 oz. shower melts; one 4 oz. melt and pour soap; one 2 oz. flavored lip scrub and one 7 oz. salt soak. Pick from a variety of scents, shapes and colors to customize a personalized self-care package. Our recipes are formulated to go above and beyond the basics and include ingredients like castor oil, jojoba oil and shea butter while steering clear of chemicals and preservatives.

815-658 / 3 hrs		\$32.83 (62+ \$25.91)
44035	S 9-11:55a Schlieve	Nov 1 FDC
44036	S 9-11:55a Schlieve	Dec 13 FDC

CULINARY

Baking

Holiday Specialty Cookies

Entry level bakers will learn how to bake specialty holiday cookies. Pairs of students, under the direction and guidance of a Culinarian, will prepare and bake specialty holiday cookies and learn tips to enhance products. At the end of the class, each participant will leave with approximately 2-3 dozen of the total cookies produced. Please bring a cookie container.

303-611	I / 4 hrs	\$32.83 (62+ \$25.91)
44066	S 9a-12:55p Aggas	Nov 1 FDC
44054	S 9a-12:55p Henning	Nov 22 FDC
44067	S 9a-12:55p Aggas	Dec 6 FDC

Artisan Breads 1

Is your temper the only thing that rises when you bake bread? Investigate the theory and practice of bread making in this hands-on class. This class is designed for those who feel intimidated or confounded by yeast products. Theory, hands-on practice and tasting are included.

303-608 / 4 hrs		\$32.83 (62+ \$25.91)
44060 S 9a-12:55p Abou Zeid		Sep 6 FDC
44092	S 9a-12:55p Abou Zeid	Oct 11 FDC



Artisan Breads 2

Explore the world of Artisan Bread. Hand-mixing of dough and an explanation of essential ingredients and processes are combined with baking and tasting of hearth baked breads.

303-612 / 4 hrs		\$32.83 (62+ \$25.91)
44061 S 9a-12:55p Abou Zeid		Sep 27 FDC
44093	S 9a-12:55p Abou Zeid	Nov 8 FDC

Cooking

Appetizers—Summer Celebrations

Prepare simple appetizers, snacks and seasonal beverages that will be perfect for graduations, weddings and summer outings. Students will sample a variety of food items, prepare at least one in class and take home an abundance of recipes.

303-634 / 3 hrs	\$32.68 (62+ \$25.76)
44062 W 5:30-8:25p	Jul 9
Aggas	FDC

Authentic French Crepes

Create authentic French crepes and exquisite fillings. Students will make batter, fry crepes and create savory and sweet fillings. At the end of class, tasting and sampling of the finished crepes will delight your taste buds!

303-617	/ / 4 hrs	\$32.68 (62+ \$25.76)
44063	W 5:30-9:25p Aggas	Aug 13 FDC

Rustic Breads And Hearty Soups

Learn how to bake and prepare a variety of hearth and flat breads and several hearty cream and broth soups to be tasted and enjoyed.

303-648 / 6 hrs	\$46.75 (62+ \$36.37
44064 S 8a-1:55p	Sep 20
Aggas	FDC

Greek Cookery

Learn to prepare a variety of appetizers, entrees and desserts from the Greek Isles.

303-607 / 4 hrs	\$32.83 (62+ \$25.91)
44065 W 5:30-9:25p	Oct 15
Aggas	FDC

"

The instructors were absolutely awesome, and the experience is influencing my career choice.

- Culinary Student



INSTRUCTOR PROFILE

Tavis Lynch | CULINARY

Tavis is an amateur mycologist from Northern Wisconsin with over 40 years of experience studying local fungi. He is the author of Mushroom Cultivation (Quarto), The Beginner's Guide to Mushrooms (Quarto), and Grow Your Own Mushrooms (Quarto). Tavis is currently working on a two-volume book, The Mushrooms of Wisconsin. He teaches mycology classes at around 35 schools throughout the Upper Midwest and focuses the majority of his time on studying the genus Russula.

Mushroom Foraging Basics

Autumn is peak mushroom season. This class is your opportunity to learn the basics of wild edible mushroom identification. We will discuss techniques to identify fall wild mushrooms and the habitat where they grow. Our focus will be on safety and on choice edible species. Poisonous mushrooms will also be discussed. After our Friday classroom time, we will head to the woods on Saturday. On our field trip we will identify everything that is found and document each species to be included in the state records of species. This is a great opportunity for citizen scientists. Class size will be limited due to the outdoor aspect of foraging.

303-60	2 / 6 hrs	\$46.75 (62+ \$36.37)
44046	F 5-7:55p S 9-11:55a Lynch	Sep 19 Sep 20 FDC







ETHNIC COOKING CLASS SERIES

The Ethnic Cooking class series features typical foods and ingredients from one specific geographic/cultural influence somewhere around the world and includes a short lecture followed by hands-on preparation of recipes that are accessible to most/all students at their various skill levels (can easily be prepared). Includes tasting and sampling of the finished dishes.

ETHNIC COOKING SERIES

Mediterranean

303-687	/	4 hrs	\$32.83 (62+ \$25.91
44050	S	9a-12:55p	Sep 13

FDC

ETHNIC COOKING SERIES

German Cuisine

Henning

303-687	/	4 hrs	\$32.83 (62+ \$25.9°
44051	S	9a-12:55p	Oct 18
	Н	enning	FDC

ETHNIC COOKING SERIES **Spanish Cuisine**

303-687	/ 4 hrs	\$32.83 (65)	2+ \$25.91)
44049	M 5:30-9:25	ip A	\ug 18
	Henning	F	DC

ETHNIC COOKING SERIES

Native American Cuisine

303-687	/	4 hrs	\$32.83 (62+ \$25.91)
44052	S	9a-12:55p	Nov 15
	Н	ennina	FDC

ETHNIC COOKING SERIES Holiday Cookery!

303-687	' / 4 hrs	\$32.83 (62+ \$25.91)
44053	S 9a-12:55	p Dec 13
	Henning	EDC:



Cortland Henning | CULINARY

Cortland Henning is the Culinary Arts Instructional Aide at Moraine Park Technical College (MPTC), where he supports student growth by ensuring instructional supplies are ready for innovative learning. A first-generation graduate, Henning earned his degree from MPTC in 2021, returned in 2024 after gaining restaurant industry experience, and now gives back to the program that shaped his career. He also supports MPTC community initiatives like Fresh Bread Tuesdays, MPTC's Farmers Markets, and Fondue Fest, while co-advising the Culinary Arts Club and preparing to teach an ethnic cookies series through continuing education in 2025.





HEALTH AND WELLNESS

Natural Health

Elemental Yoga

Experience the benefits of yoga with our gentle yet effective class designed to enhance flexibility, balance, strength and posture. Ideal for beginners and those at a moderate exercise level, this course emphasizes breath work, proper posture alignment and relaxation techniques. Our sessions are slow-paced and calming, offering a perfect introduction to yoga. Please wear comfortable exercise clothing and bring a yoga mat. A yoga block and hand towel are also recommended.

807-630	0 / 4 hrs	\$32.83 (62+ \$25.91)
44047	W 5:30-6:25p	Oct 8-Oct 29
	Tischendorf	WBC

Essential Oils

Explore the benefits of aromatherapy in this beginner course. You will learn how to blend oils to help with relaxation, and how they can help in your everyday life. We will take the time to review several common essential oils and essential oil combinations and how they can help boost your immune system this season. This introduction course is the perfect place to begin learning about essential oils!

546-613	3 / 3 hrs	\$32.83 (62+ \$25.91)
44033	S 9-11:55a Schlieve	Sep 6 FDC
44034	S 9-11:55a Schlieve	Nov 8 FDC

Vinyasa Flow

Join us for an invigorating Vinyasa Flow Yoga class designed to enhance your physical and mental well-being. This dynamic course focuses on synchronizing breath with movement, creating a seamless flow of postures that build strength, flexibility and balance. Each session will guide you through a series of poses that connect fluidly, promoting mindfulness and relaxation. Through a series of strengthening and stretching postures, you'll leave each class feel relaxed and restored. Please wear comfortable exercise clothing and bring a yoga mat. A yoga block and hand towel are also recommended.

807-631 / 7 hrs	\$60.66 (62+ \$46.82)
44048 W 5:30-6:25	Nov 5-Dec 17
Tischendorf	WBC

Healthy Sleep

Fall asleep easily and quickly by learning to release the endless mind chatter in our brains. Learn natural, holistic and practical techniques to develop a calm and peaceful mind for healthy and longer sleep.

546-601	/	3 hrs	\$32.83 (62+ \$25.91)
44025		5:30-8:25p estreicher	Oct 21 FDC

Meditation Training

Learn the benefits of meditation, how and when to meditate, focused attention and how to slow down and release your mind in this informative and relaxing class. Students will practice meditating and each individual will receive a customizable meditation based on their goals and energy scan.

546-602 / 3 hrs	\$32.83 (62+ \$25.91)
44021 T 5:30-8:25p	Aug 19
Oestreicher	FDC





Intro Hygge-Embrace Winter

In this two-hour class, you will dive into the Danish concept of hygge (pronounced hoo-gah), which emphasizes comfort, coziness and creating moments of well-being in everyday life. Discover how hygge is not just about physical surroundings but also a mindset that fosters warmth, connection and joy. Throughout the session, you will explore the core principles of hygge and how to incorporate them into your daily routines, from mindful living and decluttering to creating cozy spaces and practicing gratitude.

546-63	2 / 2 hrs	\$18.92 (62+ \$15.46
44090	T 6-7:55p	Nov 18
	Schofield	FDC

Sound Healing Meditation

In this two-hour immersive class, you will explore the transformative power of sound in promoting physical, mental and emotional healing. Sound Healing Meditation uses the vibrations of instruments such as Tibetan singing bowls, gongs and tuning forks to align the body and mind, release stress and foster a deep sense of relaxation and rejuvenation. You will learn about the science behind sound therapy, how different frequencies can impact the body's energy fields and how to incorporate sound healing into your own meditation practice. You will experience a guided sound meditation session, where you can immerse yourself in therapeutic sounds designed to clear blockages, balance your chakras and harmonize your entire being. Dress comfortably and bring an (optional) yoga mat.

546-633	/ 2 hrs	\$18.92 (62+ \$15.46)
	T 6-7:55p Schofield	Sep 9 FDC

Melt Stress During Holidays

Handle the holiday season with a calm, relaxed and peaceful attitude. Techniques will be given to quiet the endless mind chatter and feelings of being overwhelmed. Learn practical, natural and holistic methods to enjoy a healthy, stress-free season and lifestyle.

546-630	/	3 hrs	\$32.83 (62+ \$25.91)
		5:30-8:25p estreicher	Nov 11 FDC

Heart Chakra

Want to be loved more? Want to feel more deserving? Want to trust more? Learn how to unleash your inner power mentally, emotionally, physically and spiritually. You will be taught how to keep your energy high, maintain it and not give it away. This class focuses on the characteristics of the Heart Chakra and how to bring back love, deservingness, trust and balance into your life.

546-627	/	3 hrs	\$32.83 (62+ \$25.91)
44023		5:30-8:25p estreicher	Sep 30 FDC

The Modern Shaman

Walk the path of the Modern Shaman when you learn to create what you want by changing your perception of the world and move through it as an energy being. Topics include: definition of a shaman; how to become a shaman; vibrating as spirit; human being of light; healing techniques, tools of the Shaman; kept it light, don't squeeze the Shaman and more.

546-611	4 hrs	\$32.83 (62+ \$25.91)
	Γ 5-8:55p Oestreicher	Oct 7 FDC

Thought to Form

Transform your life by thinking about what you want your reality to be. You will learn to deliberately create what you want quickly and easily by the power of your thoughts. This class will teach you that it's possible to think 'apple' and have it show up immediately in your physical reality. If you believe that's possible and want to learn techniques to have it happen more often, then this class is for you!

546-621	/ 3 hrs	\$32.83 (62+ \$25.91)
44022	T 5:30-8:25p Oestreicher	Sep 23 FDC



PERSONAL FINANCE AND LAW

Investing

Understanding Medicare Expense

This course will assist you in gaining knowledge on managing health care expenses in retirement. We will cover topics such as when to sign up for Medicare, what Parts A, B, C, D cover and how to plan for health care expenses during retirement. Anyone retiring or planning to retire should attend this informative workshop.

114-611	/ 2 hrs	\$18.92 (62+ \$15.46)
44031	M 4-5:55p Rausch	Sep 8 FDC
44032	M 4-5:55p Rausch	Oct 6 WBC



The instructor made these difficult subjects easier to understand, which is so valuable!

- Finance student

Personal Finance

Probate Avoidance

After your death, your estate does not have to be subject to probate administration. This presentation is an overview of probate avoidance techniques in Wisconsin and includes setting up payable on death and transfer on death designations on accounts, compelling legal reasons for creating revocable living trusts and transferring your home or other real estate to avoid probate without the cost of establishing a revocable trust.

102-625	/ 2 hrs	\$18.92 (62+ \$15.46)
44084	T 5:30-7:25p Melick	Oct 7 WBC
44089	W 5:30-7:25p Instructor TBA	Nov 5 FDC

Protect Estate with Estate Plan

Outlines the documents required in a sound estate plan, creating your own will, different kinds of wills, the importance of power of attorney documents, when to include Marital Property Agreements in a Wisconsin estate plan and provisions that should be included in a will and in power of attorney documents (comparison of attorney-drafted versus statutory power of attorney form).

102-628	3 / 2 hrs	\$18.92 (62+ \$15.46)
44083	T 5:30-7:25p Melick	Sep 16 WBC
44088	W 5:30–7:25p Instructor TBA	Oct 8 FDC
44085	T 5:30-7:25p Melick	Nov 4 WBC

TRADES

Welding/Fabrication

Home/Garden Welding Projects I

This workshop is designed for beginners as well as the experienced artist. Learn safety precautions in handling, setup and use of welding equipment. Learn how to cut metal and join two pieces of metal together as you design a small project for your home or garden. Students may incorporate personal objects into their project. Bring safety glasses. Helmet and gloves are provided.

442-617 / 15 hrs \$140.72 (62+ \$113.04) 44043 T 6-8:40p McCauley HHS

Home/Garden Welding Projects II

Take your home garden art welding project to the next level when you advance your welding skills. (Required to have taken **442-617** Home and Garden Art Welding Project I). Bring safety glasses. Helmet and gloves are provided.

 442-618 / 15 hrs
 \$140.72 (62+ \$113.04)

 44045 T 6-8:40p McCauley
 Sep 16-Oct 14 HHS





Woodworking

Woodworking for Beginners

Learn the safe use of power and hand tools and project planning. Create a basic project while applying safety procedures for woodworking. Students are required to supply their own projects. This class is open to both men and women and is strongly encouraged for beginners.

 409-610
 / 15 hrs
 \$115.72 (62+ \$88.04)

 44040
 W 5:45-8:40p Kraus
 Sep 3-Oct 1 HHS

Woodworking Projects

Construct individualized wooden projects. Safety will be stressed. Students are required to supply their own projects. This class is open to anyone that enjoys woodworking projects and students are strongly encouraged to take a Woodworking for Beginners class prior to this class or seek teacher approval.

409-612 / 12 hrs \$88.04 (62+ \$67.28) 44041 W 5:45-8:40p Oct 15-Nov 5 Kraus HHS





These courses provide beginning or returning riders with hands-on experience in the basic skills of riding. Motorcycles are provided by MPTC. We also have two scooters available for each course. To reserve a scooter, select a class under the "Scooter" column.

PRE-REQUISITE: WisDOT Motorcycle Safety Foundation Basic Rider Course e-course.

REQUIREMENT: Students under 18 years of age must have a parent or legal guardian signed waiver.

WEEKEND

- Saturday, 8a-2:55p
- Sunday, 8a-2:55p

WEEKDAY AM

• MTW, 8-11:55a

WEEKDAY PM

• MTW, 5-8:55p

All sections will meet at FDC.

Motorcycle and Scooter Rider Courses

816-405 / 12 hrs

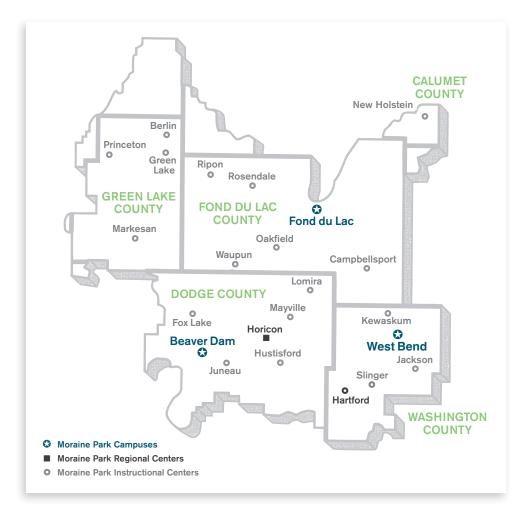
\$204.44 (62+ \$204.44)

Motorcycle / Scooter

44000		WKEND	Jun 7–Jun 8
44001		WKDAY AM	Jun 9-Jun 11
44002		WKEND	Jun 21-Jun 22
44003		WKDAY PM	Jun 23-Jun 25
44004		WKEND	Jun 28-Jun 29
44005		WKEND	Jul 12-Jul 13
44006		WKEND	Jul 19-Jul 20
44007		WKEND	Jul 26-Jul 27
44008		WKDAY PM	Jul 28-Jul 30
44015	44016	WKEND	Aug 2-Aug 3
44009		WKEND	Aug 9-Aug 10
44010		WKEND	Aug 16-Aug 17
44011		WKEND	Aug 23-Aug 24
44012		WKEND	Sep 6-Sep 7
44013		WKDAY AM	Sep 8-Sep 10
44014		SWKEND	Sep 13-Sep 14
44017	44018	WKEND	Sep 20-Sep 21
44019		WKEND	Sep 27-Sep 28

See morainepark.edu/motorcycle for details.

Location Information



MPTC Campus Codes

BDC Beaver Dam Campus 700 Gould St. Beaver Dam, WI 53916-1994

FDC Fond du Lac Campus 235 N. National Ave. PO Box 1940 Fond du Lac, WI 54936-1940 WBC West Bend Campus 2151 N. Main St. West Bend, WI 53090-1598

HRG Horicon Regional Center 1210 Wrucke Street Horicon, WI 53032 **Additional Locations**

HHS Hartford Union High School 805 Cedar St. Hartford, WI 53027

Moraine Park Technical College is accredited by the Higher Learning Commission, a regional accreditation agency recognized by the U.S. Department of Education. (hlcommission.org)



Registration Information

Three Ways to Register

New students must register through Enrollment Services staff by phone, in-person or electronic registration form. Returning students can register online through myMPTC Student.

Note: Have the five-digit CRN # for your class

available when you are ready to register. (See class information on opposite page.)

- Phone: 1-800-472-4554
- Electronic Registration Form: morainepark.edu/online-registration
- In-Person: Visit Enrollment Services at any of the three campuses during Enrollment Services Office Hours

Enrollment Services Hours

- Monday Friday: 8 a.m.–4:30 p.m.
- Closed Fridays in June and July.

General Information

- Class schedules, tuition and fees are subject to change without notice and are not to be considered as contractual guarantees for any course.
- If a class is full, please request to be placed on a class waiting list. Waiting lists are compiled on a "first-come, first-served" basis. If openings occur, students on the class waiting list will be called sequentially. Students have 24 hours to respond or the next person on the waiting list will be called. Please inform Student Services if your contact information changes.
- Audit policy: Students may choose to audit undergraduate (UG) level courses to gain a general understanding of the subject matter. This request must be completed at the time of registration. Audited classes do not earn credit, and the standard tuition, fees, withdrawal policies apply.

Disability Resources

Disability Resources provides services and accommodations for students with documented disabilities at Moraine Park Technical College. Please call 920-924-3361 to request an appointment with an Accessibility Specialist or request an accommodation at morainepark-accommodate.symplicity.com/public_accommodation/.

Tuition and Fees

- The fees for each course in this schedule include tuition and classroom/lab material fees. (Out-of-state residents pay an additional \$74.75 per credit.)
- The fees do not include textbooks or other supplies (unless noted).
- Senior discounts are available for seniors 62 and over for most classes.
- Tuition and fee payments are due at time of registration.

Payment Methods

Pay online via:

- Electronic check from a checking or savings
- Credit or debit card (convenience fee may apply)

Go to our Guest Checkout: commerce.cashnet.com/MORAINEGUEST Or go to our website:

student.morainepark.edu > MaxPay

Pay in-person with cash or check:

Please visit Student Financial Services during regular business hours.

If you need to mail a check, please contact Student Financial Services at sfs@morainepark.edu or 920-924-3124 and we will gladly hold your registration for up to three days.

Payment or student account questions?

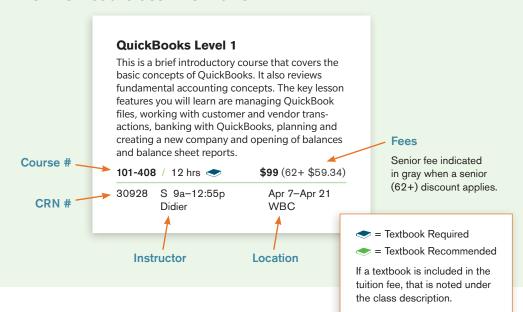
Contact us at 920-924-3124 or sfs@morainepark.edu.



Moraine Park Technical College is an equal opportunity and affirmative action College, prohibiting discrimination on the basis of age, race, creed, color, national origin, disability, sex, sexual orientation, gender identity, religion and any other class protected by law, in employment, admissions and/or educational programs and activities. Inquiries may be reported to the Title IX Coordinators at 262-335-5881 or 920-929-2139 TTY/VP: Use Relay/VRS or kschwamn@morainepark.edu or bmccreary1@morainepark.edu.

Moraine Park Technical College inquiries regarding AA/EO and the College's non-discrimination policies can be directed to the Equal Opportunity Officers at MPTC, 235 N. National Ave., PO Box 1940, Fond du Lac, WI 54936-1940, 920-924-6355 or 920-924-3445. TTY/VP: Use Relay/VRS. For more information, visit morainepark.edu/nondiscrimination.

How to Read Class Information



Class Details

- Each class description includes the course number, course title, CRN number (used for registration), instructor, location, meeting day and time, start and end dates and fee.
- Meeting days are abbreviated in the course descriptions: M = Monday; T = Tuesday; W = Wednesday; R = Thursday; F = Friday; S = Saturday; and U = Sunday.
- The class meeting time or day may be blank if the class is offered online or in a self-paced instructional method.
- The VM and ONL class formats are indicated next to the course number. If no class format is listed, the class is taught using an in-person format.

Contact Information

Registration: 920-924-3207

MPTC Continuing Education 235 N. National Ave. Fond du Lac, WI 54936

communityed@morainepark.edu

Instructional Methods

- Traditional: Classes meet at scheduled meeting dates and times at Moraine Park sites. Instruction is face-to-face.
- ONL (Online): Classes are offered via the Internet. A computer with Internet access is required.

Ed2Go courses are instructor led, six-week courses starting monthly, unless noted as a tutorial. Tutorials are on-demand with no specific start date. To register, go to ed2go.com/mptc and search for the course title.

UGotClass courses and certificates are instructor led, one to two months long and available on scheduled start dates. To register, go to bit.ly/UGCMPTC.

Ed2Go and UGotClass classes do not transfer to credit or non-credit programs and are not eligible for financial aid at Moraine Park.

• VM (Virtual Meeting): A link to the class will be sent 24 hours prior to the start of the class. Participants will need internet access.





Postal Customer

Register now for Summer/Fall 2025.



Call or visit one of our campuses today.



MPTC LOCATIONS

Beaver Dam Campus Fond du Lac Campus West Bend Campus

More information: page 21